

TERMS & CONDITIONS

VITA BELLA
RETREATS



Thank you for booking with Vita Bella Retreats.
We are thrilled to have you join us in enchanting Italy!

Vita Bella Retreats is committed to using methods, operating procedures, and a code of conduct to ensure that our guests have a high quality experience, and we can operate efficiently.

You are agreeing to the following terms and conditions by booking one of our retreats and signing this agreement.

All travelers must be 18 years or older to attend our retreat.



Payment Terms

Payment in full will be due within 90-180 days prior to the retreat depending on the retreat.

Passport, Visa and Related Items

You are responsible for obtaining and maintaining a valid passport and all appropriate visas, permits, certificates of travel while visiting Italy for the retreat.

Vita Bella Retreats is not responsible if you are denied entry or exit to/from Italy due to a lack of valid documentation.

Travel and Health Insurance

We require the purchase of travel and health insurance to attend the retreat. Many companies require you to obtain insurance within two weeks of placing your deposit. You are solely responsible for the cost of any travel insurance and ensuring that you are adequately insured for the full duration of the retreat with respect to possible illness, injury, death, property damage, loss of baggage and personal items, cancellation and/or curtailment, and/or any other potential losses, damages, costs, expenses, or liabilities. You will be solely responsible for any losses related to your failure to procure travel insurance. Vita Bella Retreats is not responsible for any losses you incur and/or sustain.

Retreat Details

Retreat details including information about the destination and accommodation will be provided within the welcome pack guests receive after placing a deposit and reserving space. It is your responsibility to ensure that you read and fully understand the retreat details prior to travel.

Registration

To confirm attendance on your retreat, please select the "Make a Deposit" option on the sales page by clicking the box to confirm that you have fully read and understood the terms and conditions.

After you've made a deposit, you will receive a confirmation email which includes your welcome pack.

Your final payment is due 90 days before the retreat begins. You will confirm a reservation spot on the retreat once full payment has been received.

Confirmation and Itinerary Subject to Modification

After Vita Bella Retreat receives payment, you will receive a confirmation email which includes your welcome pack.

Please contact us if you do not receive your confirmation email at info@vitabellaretreats.com within five (5) business days of payment, and we will email your confirmation email and welcome pack.

The itinerary for the event is subject to change and Vita Bella Retreats expressly reserves the right to modify the itinerary at any time.



Payment

You may confirm space in the retreat by making a \$1,500 deposit.

Full payment for the retreat is due 90 days before the start of the retreat.

We will invoice you directly and you may pay with a credit card or bank transfer.

If you need to cancel:

- 90 days or more prior to the start of the retreat: \$1250 of your deposit may be applied to a future retreat within 18 months from date of cancellation.
- We are not able to offer credits or refunds on deposits or fully paid spots 90 days or less prior to the retreat.

Please note Vita Bella Retreats is not able to offer refunds or discounts for arriving late, leaving early, flight cancellations, family emergencies, endemics, pandemics, earthquakes, travel delays or illness by you or any of our guest teachers, managers or staff.



Cuisine on Retreat

The restaurant Osteria Della Fattoria is located on our retreat site and its owner Donatella Cinelli Colombini created it to serve her Brunello, Orcia and Chianti wines together with classic Tuscan dishes, known throughout the region. Breakfast, lunch and dinner on retreat is served here each day. Every dish is prepared with care and with excellent ingredients: fresh vegetables from the estate gardens, Chianina meats and Cinta Senese pork, white truffles from the Crete Senesi. All of their cuisine aims to bring to the table what is genuine and authentic in the Tuscan countryside.

Gluten free, dairy free, vegetarian can be served but may be limited.

A vegan diet cannot be fully accommodated.

Guests may transfer their fully-paid deposit or retreat space to another person of their choice. Transfers to another retreat may be considered only on a case-by-case basis.

If you cancel your participation in a retreat for any reason, our cancellation policy will apply. We wish we could compensate people for unforeseen circumstances (injury, pandemics, illness, family emergency, etc), but we have costs already incurred when reserving retreat locations, booking bus transportation and hiring staff. We have designed our cancellation policy to be as compassionate as possible in the case that your plans change.

****To protect yourself further, we require you to purchase travel insurance.**

TO CANCEL

- You must send an email stating that you wish to cancel to Business Director, Sarah Minor at info@vitabellaretreats.com.
- Policies are subject to change without notice.

Liability

By participating in any Vita Bella Retreat, you completely understand and realize that the retreat could include actions or tasks which might pose some risk to you. There may be a contagious illness which Vita Bella Retreats is not liable for.

By signing below, you agree to the fact that participation can cause harm or injury to you and release Vita Bella Retreats and all Vita Bella Retreats subcontractors and employees from all liability, costs, and damages which could arise from attendance and participation in a Vita Bella Retreat and all its scheduled events, activities, and classes. Further, you recognize that Vita Bella Retreats and its partners and subcontractors are not responsible for any lost, stolen, or damaged property that may occur during the retreat or any non-group related travel costs such as private cars, transfers, or trains.

You agree to accept financial responsibility for the costs related to replacement of property and/or emergency medical treatment and give confirmation of the same by signing this document.



Cancellation of Retreat by Vita Bella Retreats for Force Majeure

Vita Bella Retreats reserves the right to cancel or reschedule any retreat, if the cancellation is due to Force Majeure (terrorism, political unrest, an Act of God, earthquakes, endemics, pandemic, or other cause beyond the reasonable control of Vita Bella Retreats), Vita Bella Retreats will not issue refunds or credits. Vita Bella Retreats is not responsible for any incidental expenses or consequential losses that you may incur as a result of a canceled retreat, including visas, vaccinations, non-refundable or non-transferable flight or other transportation tickets, non-refundable car parking or other fees, loss of earnings and loss of employment. It is uncommon for a Force Majeure event to occur, but we regretfully cannot refund or credit where Force Majeure is activated, even after your retreat has begun. We are not obligated to seek refunds from suppliers for services already paid. This is why we require you to purchase travel insurance so you can claim lost expenses as a result of a retreat cancellation that is beyond our control.

Issues on Retreat

If an issue arises for you during the retreat, please alert the Vita Bella Retreats on-site manager directly. They are there to listen to you, to do what they can to attend to the issue at hand, and to solve it to the best of their abilities.

We request that should an issue arise for you on retreat, you have a private conversation with the on-site manager. This etiquette is in place to protect the other guests, who might not be having the same experience as you. Over the years, we have learned that when one guest openly voices a dislike, it puts the other guests into problem-solving mode on that guest's behalf. Our managers are the ones tasked to solve problems, not other guests, and so we ask for the benefit of all guests on the retreat to kindly keep this in mind, and to make issues known to the Vita Bella Retreats on-site manager on the retreat so that they can resolve them.



Conduct

You undertake to behave professionally, courteously, and respectfully in all dealings with Vita Bella Retreats or any person(s) acting on behalf of Vita Bella Retreats including on-site managers, guest teachers, their assistants, staff at our location, and any other clients or other third parties to whom you may be introduced in connection with the Services. Rude behavior is not tolerated.

If there is any behavior such as harassment, disparagement, overuse of alcohol, or bullying Vita Bella Retreats reserves the right to require you to exit the retreat at your own expense. Vita Bella Retreats does not tolerate rude or disrespectful behavior by any of its guests or staff members. We will enforce this if need be.

Disclaimers

You acknowledge that the retreat involves education, personal, and spiritual development, that their effect depends on your own level of engagement and commitment and that no specific results can therefore be guaranteed by Vita Bella Retreats and Vita Bella Retreats accepts no responsibility for any decisions made by you as a result of the retreat.

Vita Bella Retreats obligations are limited to providing the retreat as expressly described in these Terms & Conditions and no further warranties, representations, or assurances are given to the extent that these are implied by and cannot be excluded under law.

You acknowledge that Vita Bella Retreats is not qualified medically or as a psychologist or therapist and that the retreat is not intended to be for medical or therapeutic purposes.

You confirm that you are mindful of your own wellbeing and are wholly responsible for taking any medical or therapeutic advice or treatment which is, or may be to your benefit, without guidance or involvement on Vita Bella Retreats.



Consent to Use of Photos and Videos

During any Vita Bella Retreats retreat, photos or videos of you may be taken by our staff or other retreaters. You consent to such pictures or videos being taken and grant Vita Bella Retreats a perpetual, royalty-free, worldwide irrevocable license to reproduce and publish such pictures and videos on its website or in any other medium (including for marketing and promotional purposes), without any obligation owed to you or any compensation payable to you.

The above terms and conditions, shall survive termination of the Contract.

If you have any issues with your booking, please contact info@vitabellaretreats.com.



Confidentiality and Non-Disparagement

Each of us shall keep confidential all sensitive information relating to the other, and the other members of the group and my/their business (which in my case includes materials provided in connection with the Services) and not use such information for any purpose other than that for which it was provided. This shall not apply to the extent that any information is required to be disclosed by law or by any court or public body having binding authority to require such disclosure.

We each agree not to engage in any conduct or communications, public or private, intended or likely to disparage the other or damage their interests.





Illness, Medical Conditions, Mobility Issues & Protocols

We want to graciously invite you to feel welcome on our retreats in Italy. Knowing that people are uniquely different, and have varying views on health and wellness we hope to offer a fair and inclusive stance for you and your fellow retreaters wellbeing while on retreat.

Vita Bella Retreat does NOT provide medicines during your retreat.

Please check with your doctor/dentist before leaving if you have serious medical conditions and/or could become ill while on retreat.

Find out what the steps would be in case you do have a medical emergency or become ill.

If you have mobility issues please let us know upon registration so that we can place you in a ground floor room.

If the guest teacher becomes ill before the retreat, or on the retreat and is unable to teach, an assistant teacher will assume the role and take over the classes.

There will only be 1 bus returning to Rome Fiumicino airport on the final day of the retreat. If any of the guests test positive for COVID they will be required to mask and sit at the back of the bus, but they will be allowed to ride the bus. If you prefer not to take the bus, we can help you hire your own private transfer at your own cost.

Vita Bella Retreats COVID Protocols

(Updated for 2025)

We know—it's frustrating that we're still having to think about COVID. Like you, we wish this wasn't part of retreat prep anymore. But based on past experiences, we've learned that it's far better to be safe, prepared, and proactive—especially when traveling and gathering in a group setting.

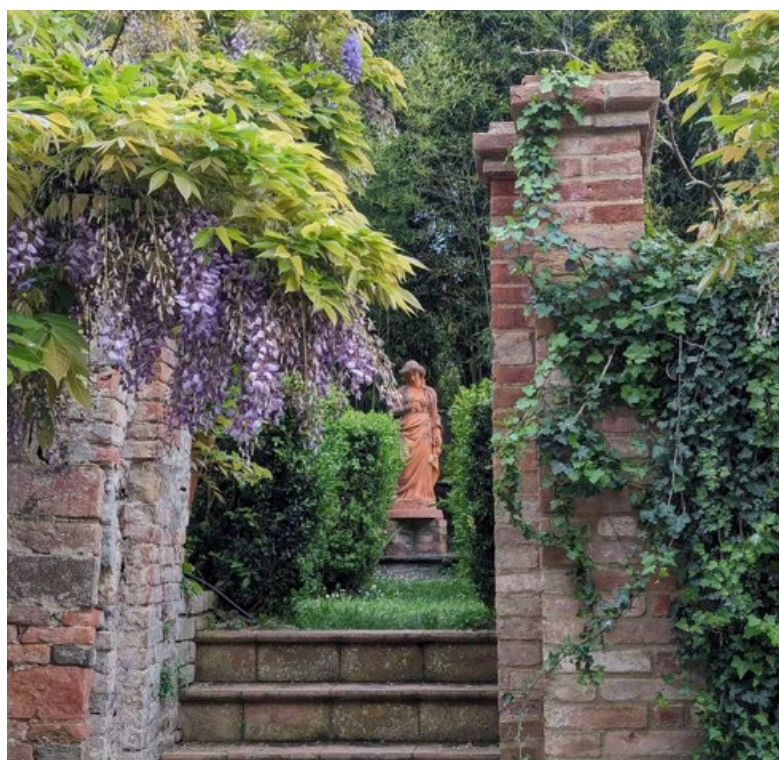
Your cooperation helps protect not just your own health, but the well-being of everyone sharing this special week together.

Here's what we ask of all our guests:

- Please take a COVID test within 24 hours of your departure to Italy.
- If you test positive, notify our on-site manager right away so we can coordinate next steps together.
- We strongly encourage you to mask during your flight to Rome. We know it's not ideal, but flying is one of the highest-risk environments. A little inconvenience now can help protect your entire retreat experience.
- Bring several face masks with you in case you need them during the week.
- Pack 3-5 at-home COVID tests. Vita Bella Retreats will not be able to provide tests during the retreat.
- You may also wish to consider getting a COVID vaccine or booster before travel, especially if it's been a while since your last one.

We get it—some folks care a lot about COVID precautions, some don't, and many skip reading these protocols altogether... only to be surprised or upset later if COVID shows up. So we're going to keep reminding you gently but clearly: please prepare. It makes a world of difference.

We're all tired of COVID—but we've seen how quickly it can affect a group. Taking a few smart steps helps ensure a smoother, healthier, and more joyful time together.



HEALTH & SAFETY PLEDGE

VITA BELLA
RETREATS



To help safeguard your health and wellbeing as well as that of your fellow retreat members, Vita Bella Retreats staff, and Vita Bella Retreats retreat partners, we are asking all retreat guests to read and agree to the conditions outlined in our Health and Safety Pledge.

Please indicate your agreement by checking the box next to each item and signing below; by doing so, you agree to certain obligations and responsibilities to Vita Bella Retreats and your fellow retreaters. We're grateful for your cooperation.

☐ I agree to take personal responsibility for my own health and wellbeing while on retreat. If I am asked to attest to my health on retreat, I will do so honestly. If I exhibit symptoms of any contagious illness, I will notify the Vita Bella Retreats on-site leader, isolate myself, and, if requested by Vita Bella Retreats, be seen by a health professional or test for contagious illnesses at my own expense as a condition of continuing on the retreat.

☐ I agree to follow all safety precautions and health directives set by Vita Bella Retreats and the retreat leader, or by local officials. I understand that these safety precautions may include (but are not limited to) maintaining proper social distancing, the use of face masks (covering my nose and mouth), proper handwashing, the use of hand sanitizer, etc. If exempt from wearing a face mask or other such requirement due to health impairment or disability, I will carry proof, such as a doctor's note, to show if requested. Vita Bella Retreats will not provide face masks, medications or Covid tests so we advise you to bring your own supply.

☐ I agree to comply with CDC and local health authority guidance with regard to travel, isolation, and quarantine if I or any of my travel companions test positive for any contagious illness prior to joining or while on retreat.

☐ I understand that noncompliance with the conditions listed on this Health and Safety Pledge by myself or those traveling with me will result in our party not being able to continue on the retreat. Vita Bella Retreats will not cover travel expenses in the event you depart the retreat early.

IMPORTANT: There will only be one bus returning to Rome Fiumicino airport on the final day of the retreat. If any of the guests test positive for Covid they will be required to mask and sit at the back of the bus, but they will be allowed to ride the bus. If you prefer not to take the bus, we can help you hire your own private transfer at your own cost.

Each retreat guest will complete, sign, and submit this form prior to participating on the retreat.



***** I have read and acknowledged the above payment and cancellation policy, liability information, and health protocols. By signing below, I agree to these terms and conditions as it pertains to my retreat*****

Printed Name of Participant: _____

Signature of Participant: _____

Date of Signature: _____

Date of Retreat: _____